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He is published writer and speaker with experience speaking at national and international events in the U.S. and Europe. His main expertise is in health promotion engagement, behavior change, and safety. Andrew has a Bachelor's degree in Exercise Science and an MBA and has worked in the health promotion field in multiple countries over the past 15 years. Through designing and implementing programs in different countries and industries, Andrew has accrued a wealth of experience and insight into what works and what doesn't across diverse populations and cultures.

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