



Samantha Lane, Origami Day

Samantha Lane is a reformed workaholic and time management guru, with past work in public relations, higher education, and wellness. In 2014, she experienced a life-changing surgery that shifted her perspective on life. After years of juggling full-time careers and passion-based side-hustles, Samantha started Origami Day to help others bring balance to their busy lives. Samantha holds a BS degree in Public Relations from the University of Tennessee and an MBA from King University. When she is not helping others make the most of their time, Samantha spends her days enjoying life with her loved ones.

Additional Links and Resources:

<https://origamiday.com/>

<https://weeklysheets.origamiday.com/>

<https://youtu.be/NwC-8vsuoNc>

<https://www.linkedin.com/in/thesamanthalane>